



The Cumberland Salem Area Activities Committee Presents

# SOUND BATH

*Fundraiser*

*Ground ~ Release ~ Restore*

Immerse yourself in therapeutic sounds that calm the mind,  
heal the body, and uplift the spirit.

**Cost: \$10/person**

**Funds raised from this event will be used for the 4<sup>th</sup> of July Picnic**

**When:**

**2pm Sunday, April 26, 2026**

**Where:**

**Pittsgrove Senior Center  
743 Centerton Road, Pittsgrove NJ 08318**

**What to bring:**

**A yoga mat or blanket to lay on.  
A blanket and or pillow for comfort.**

**This event is not for children under the age of 13.**

**Questions? Contact Christina 856-200-7017**